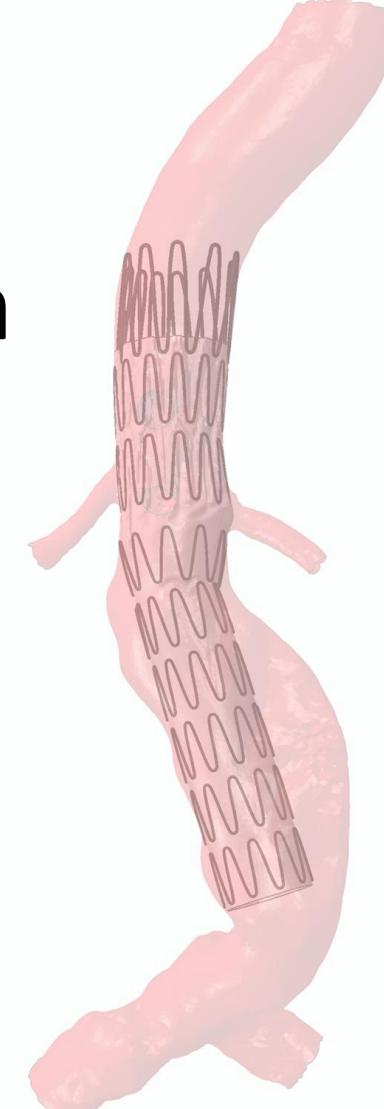
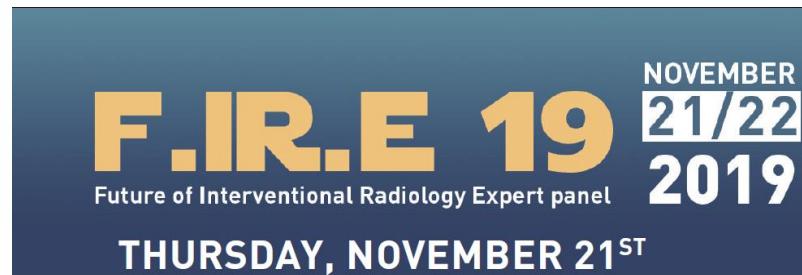


# Digital twin of the thoracic aorta: from bench to bedside



**Prof Stéphane Avril**

[avril@emse.fr](mailto:avril@emse.fr)



# Disclosures

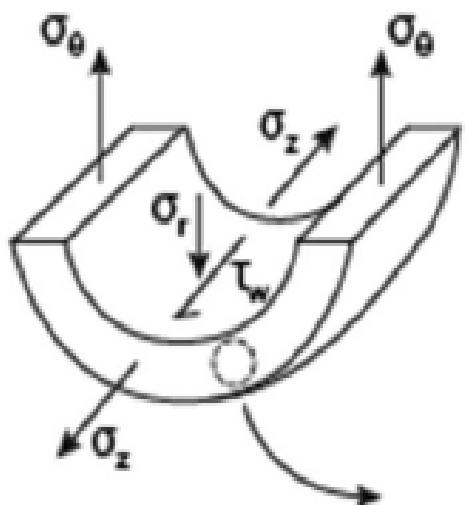
---

S. Avril is cofounder of the company Predisurge SAS.

# The bench side

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# Basics of arterial mechanics

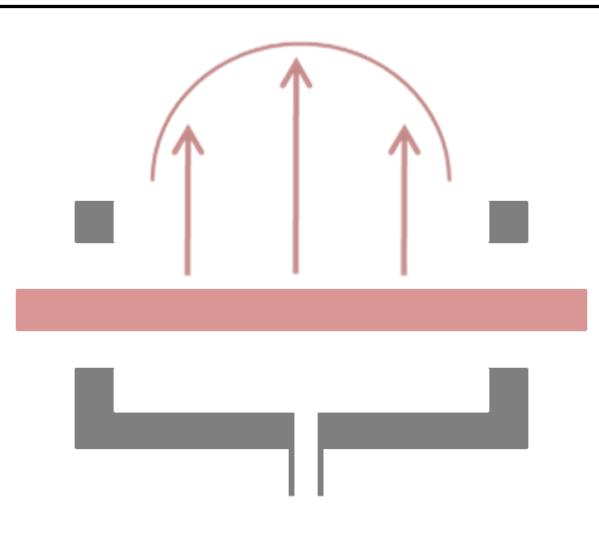
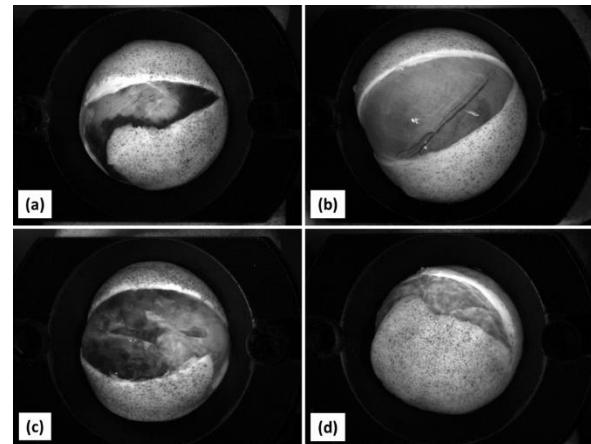
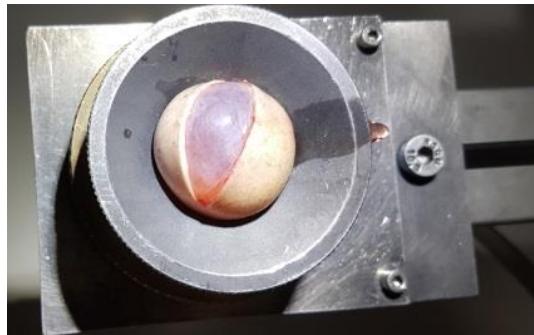


$$\tau_w = \frac{4\mu Q}{\pi a^3}, \quad \sigma_\theta = \frac{P a}{h}$$

Humphrey JD (2002) *Cardiovascular Solid Mechanics: Cells, Tissues, and Organs*, Springer-Verlag, NY

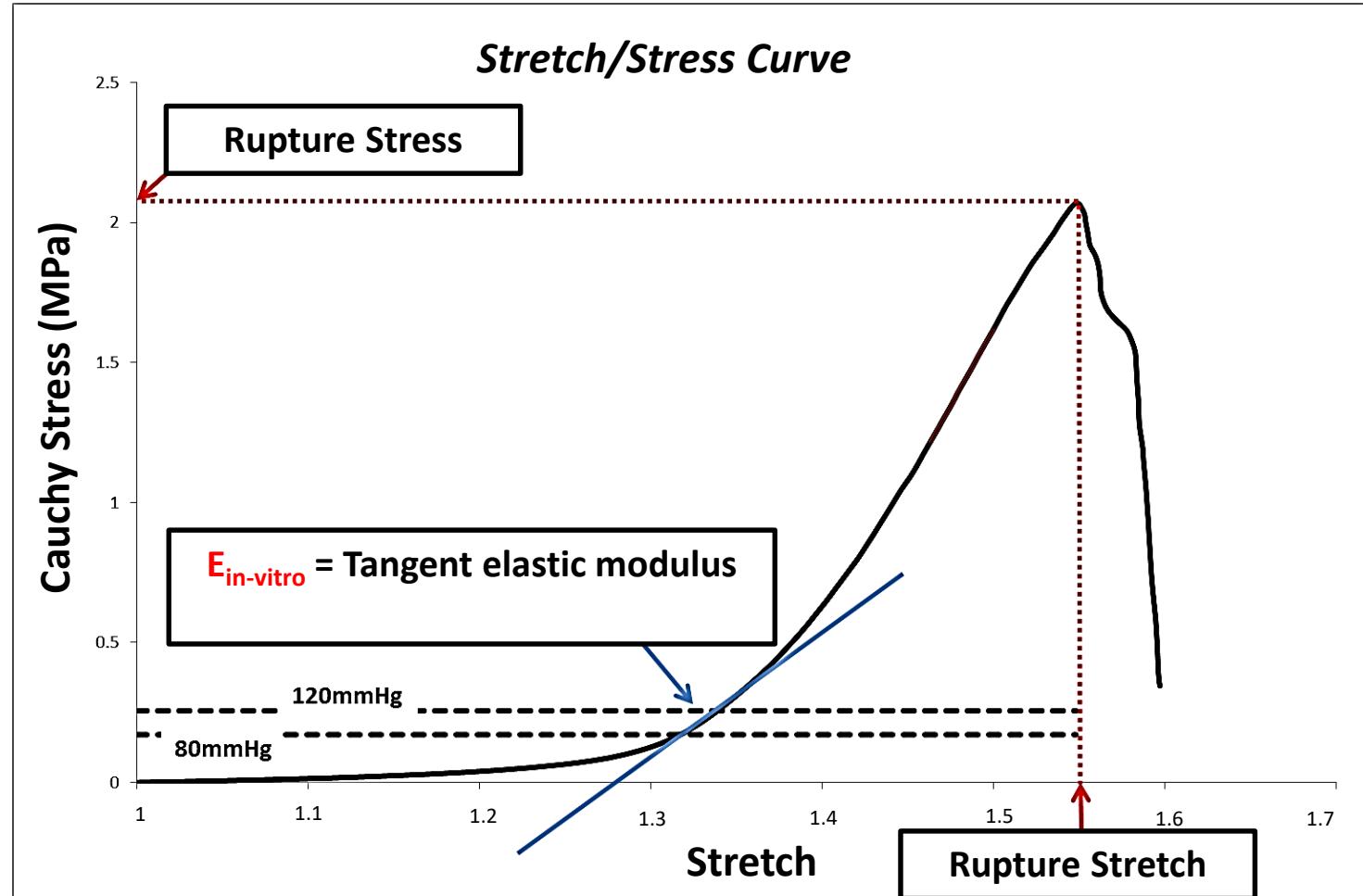
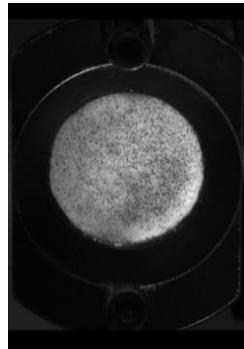
# Characterizing thoracic aortas with an appropriate bench test

Romo et al. Journal of Biomechanics - 2014



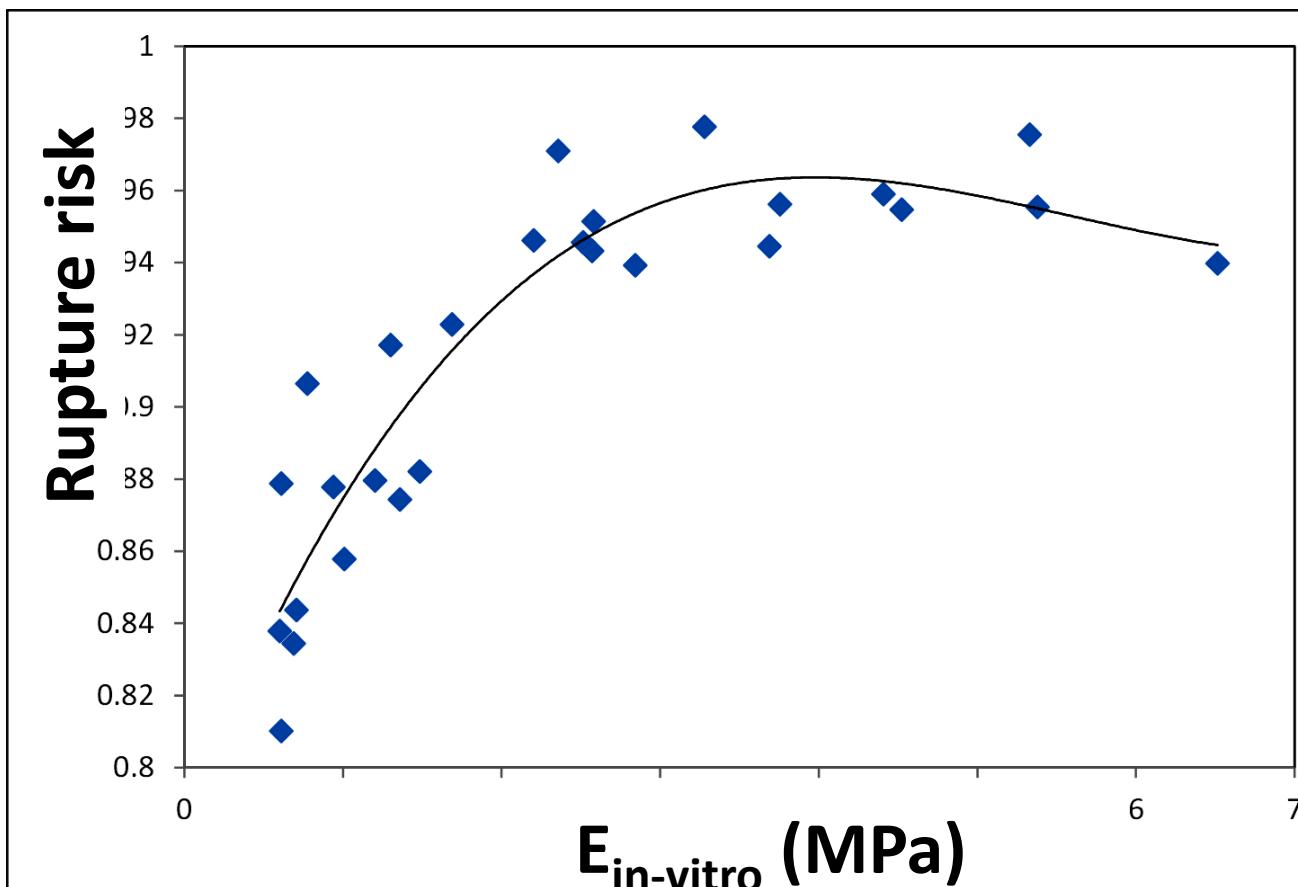
# Rupture risk estimation

(Avg: 75%)  
0.017  
0.015  
0.014  
0.012  
0.011  
0.009  
0.008  
0.006  
0.005  
0.004  
0.002  
0.000  
-0.001



# Correlation between the stretch-based rupture risk and the tangent elastic modulus

Duprey A, et al. Biaxial rupture properties of ascending thoracic aortic aneurysms. *Acta Biomaterialia* 2016.

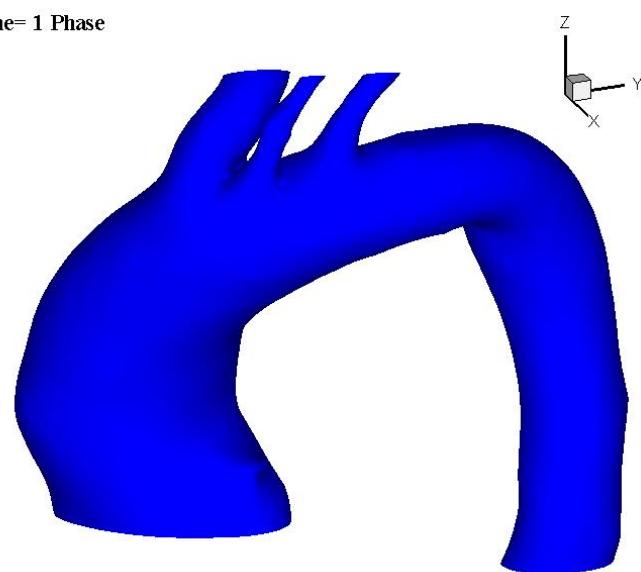


# Relationship with aortic stiffness?

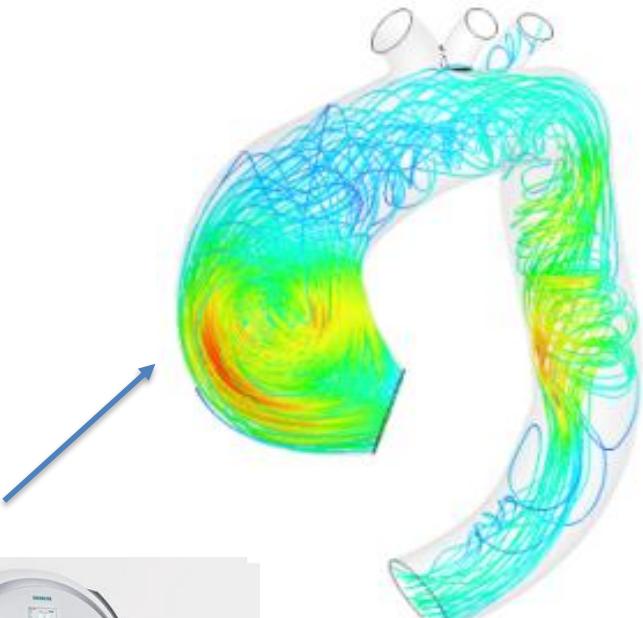
The stretch based rupture risk criterion correlates with the aortic stiffness measured by multiphase CT imaging.

Olfa Trabelsi, Miguel A Gutierrez Cambron, Solmaz Farzaneh,  
Ambroise Duprey, Stéphane Avril. A non-invasive methodology for  
ATAA rupture risk estimation. *Journal of Biomechanics* 2017.

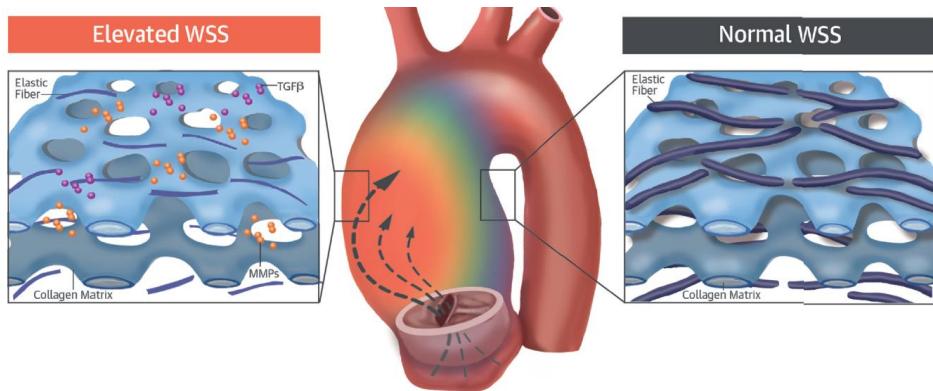
Time= 1 Phase



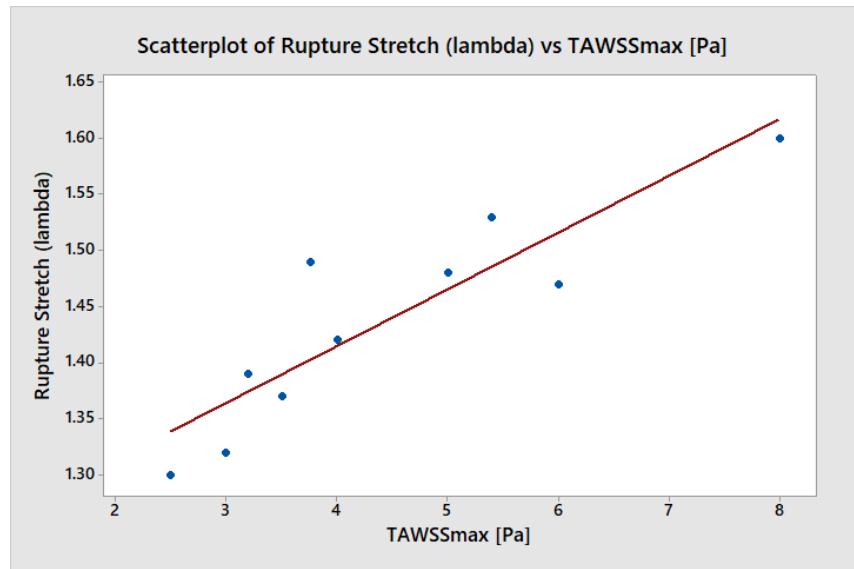
# Relationship with hemodynamics



Siemens 3T Prisma

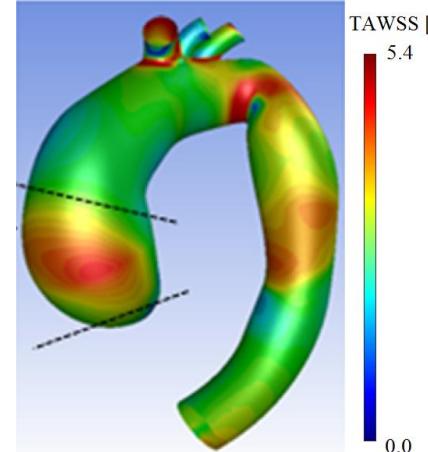


Guzzardi, D.G. et al. J Am Coll Cardiol. 2015; 66(8):892-900.



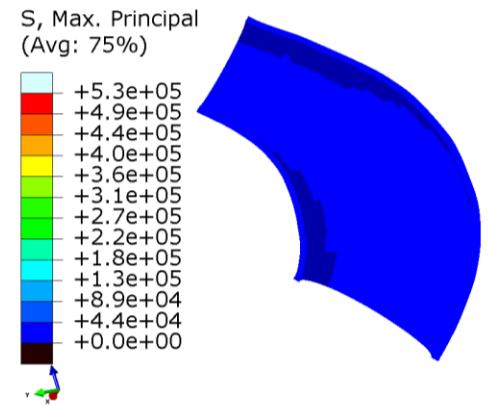
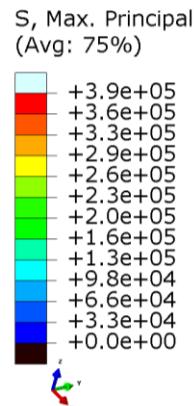
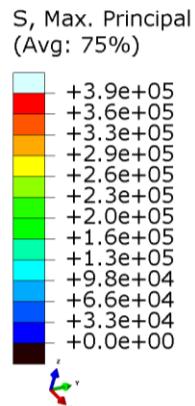
# Computational mechanobiology

Growth and remodeling of a two-layer patient-specific human ATAA due to elastin loss



Mousavi et al, BMMB 2019

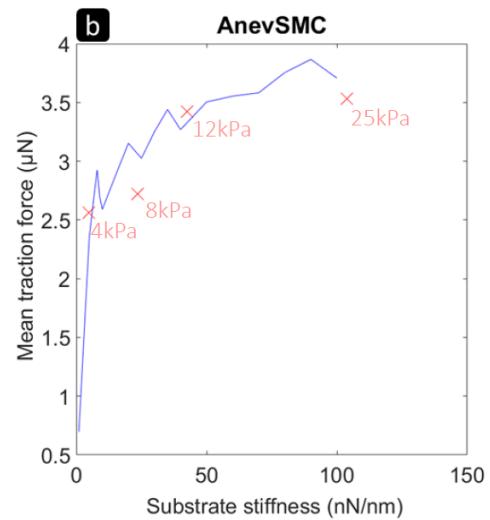
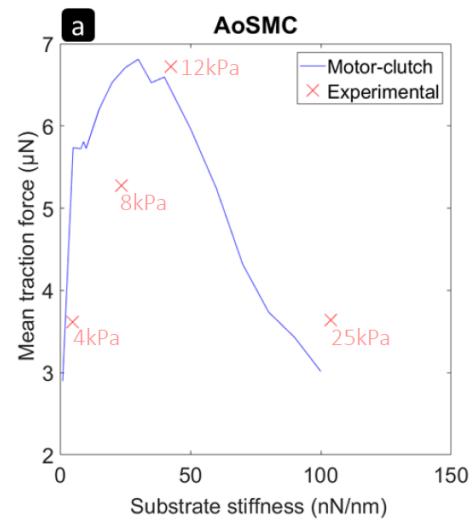
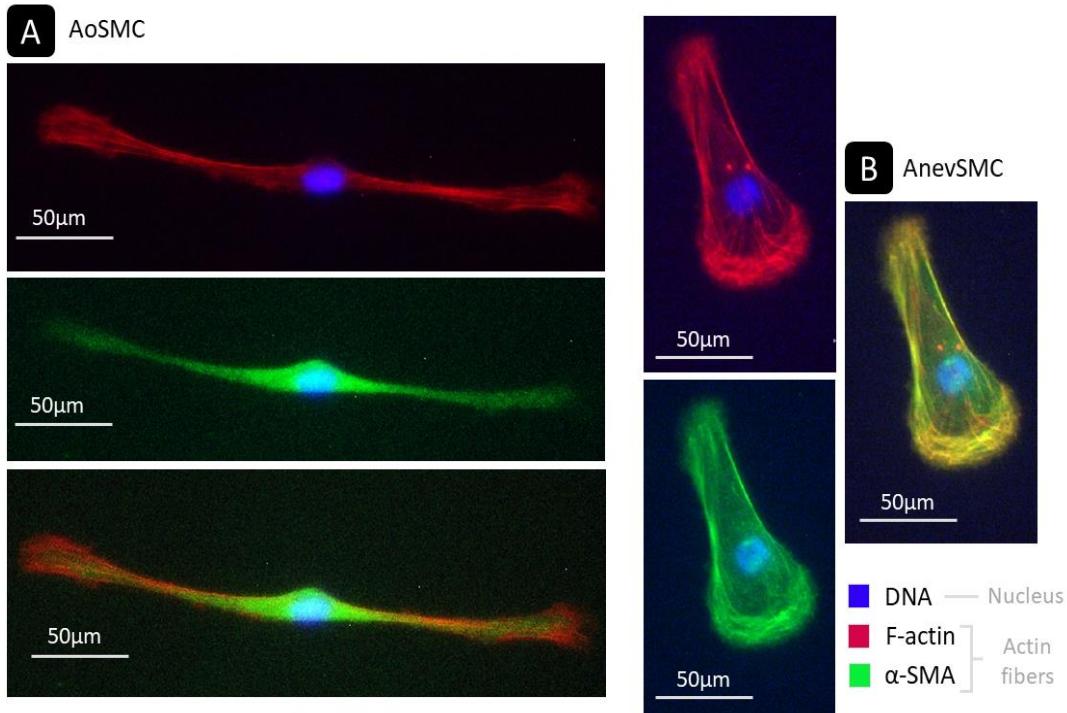
Small growth parameter



Maximum Principal stress

# Experimental mechanobiology

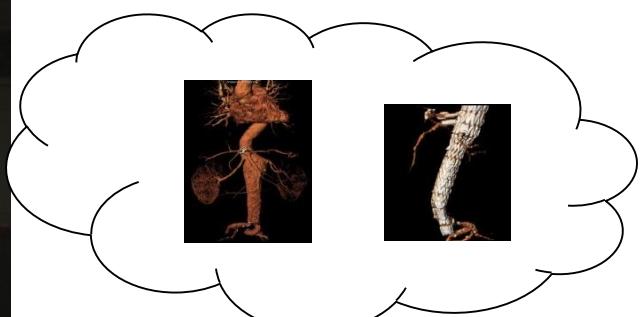
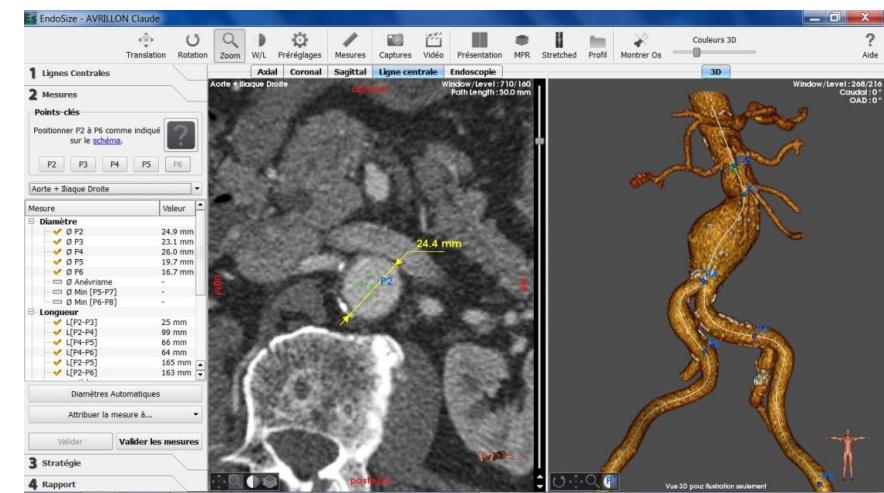
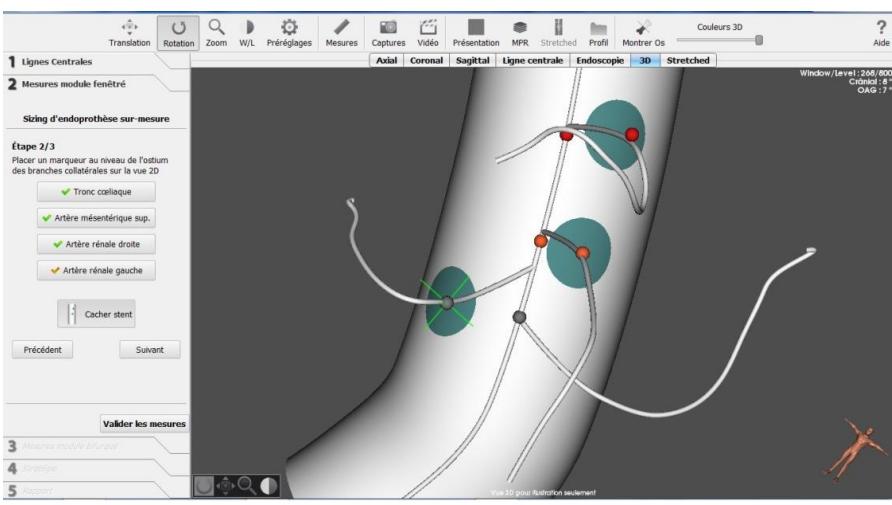
Smooth muscle cells in aortic aneurysms missense their mechanical environment.



# The bed side

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# Planification / sizing of fenestrated stent grafts in EVAR procedures

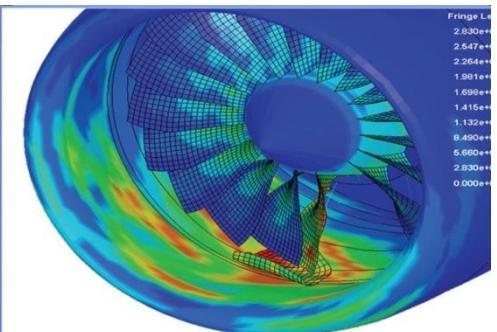
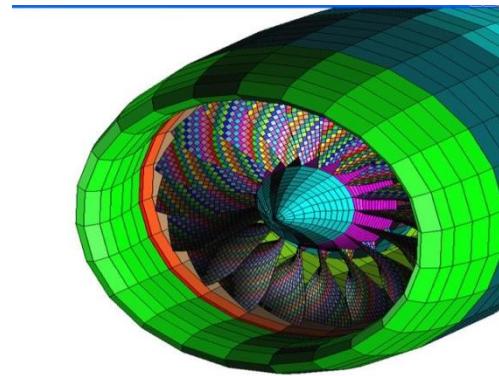
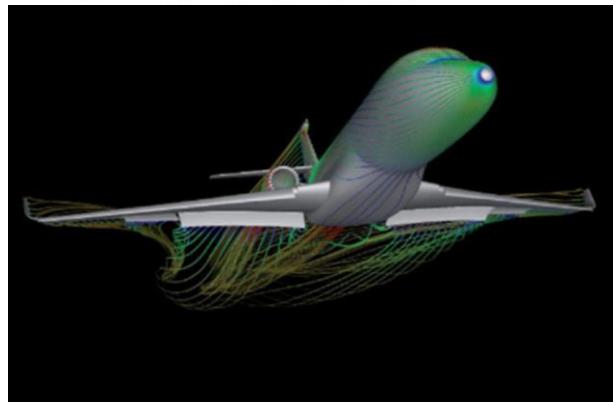
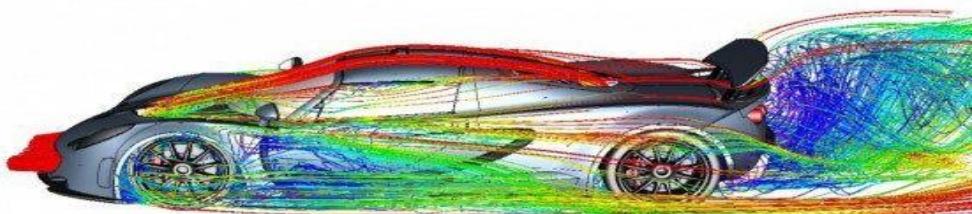


# Current limitations of planification / sizing

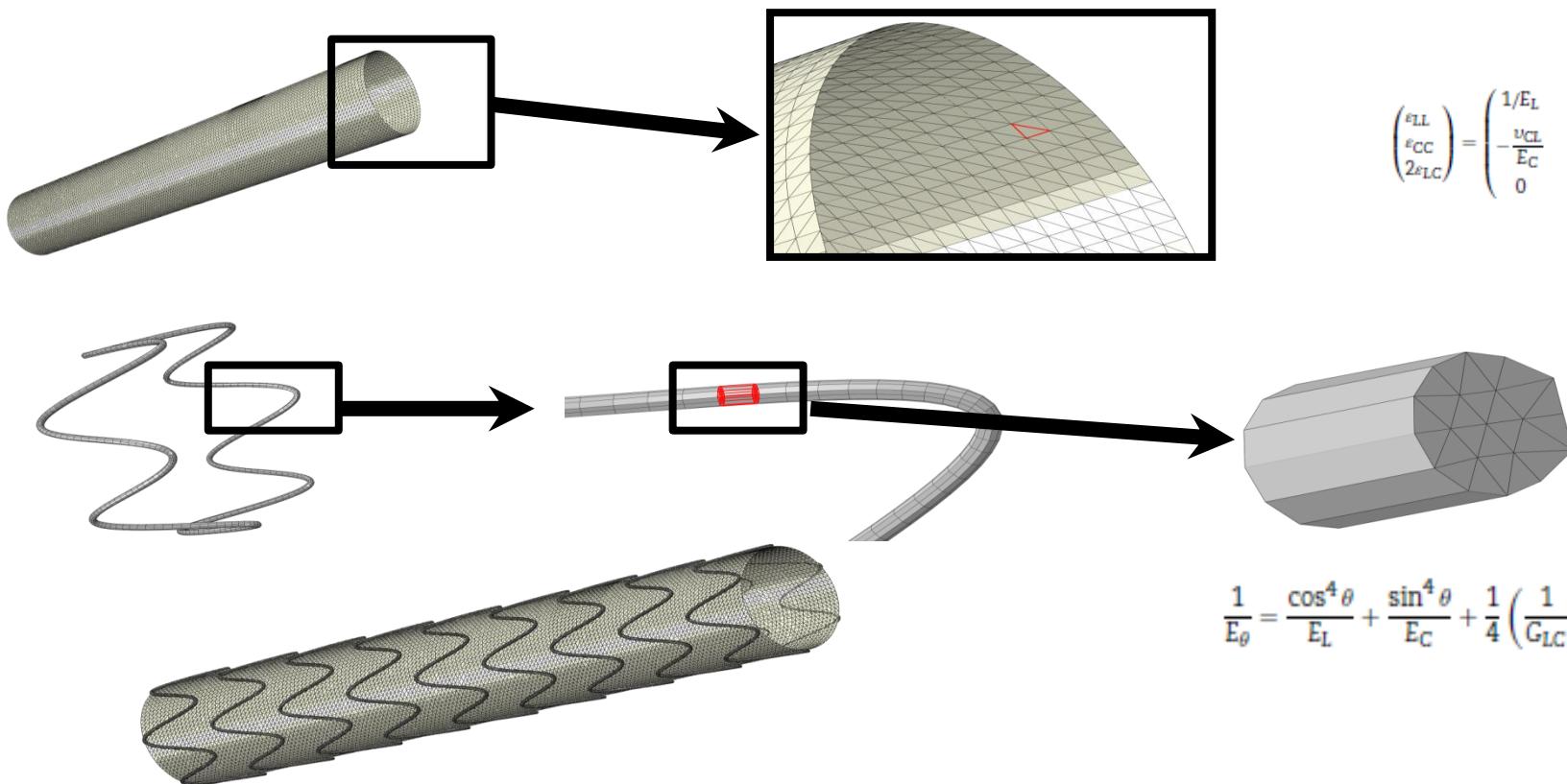
- Intra-operative difficulties induced by inappropriate pre-operative planification.
- Variability of fenestration positions depending on operators.
- Extended delivery times.
- Use of in vitro validation test with plastic replica for Terumo Anaconda®.



# Numerical simulation is commonplace in automotive and aeronautics industry



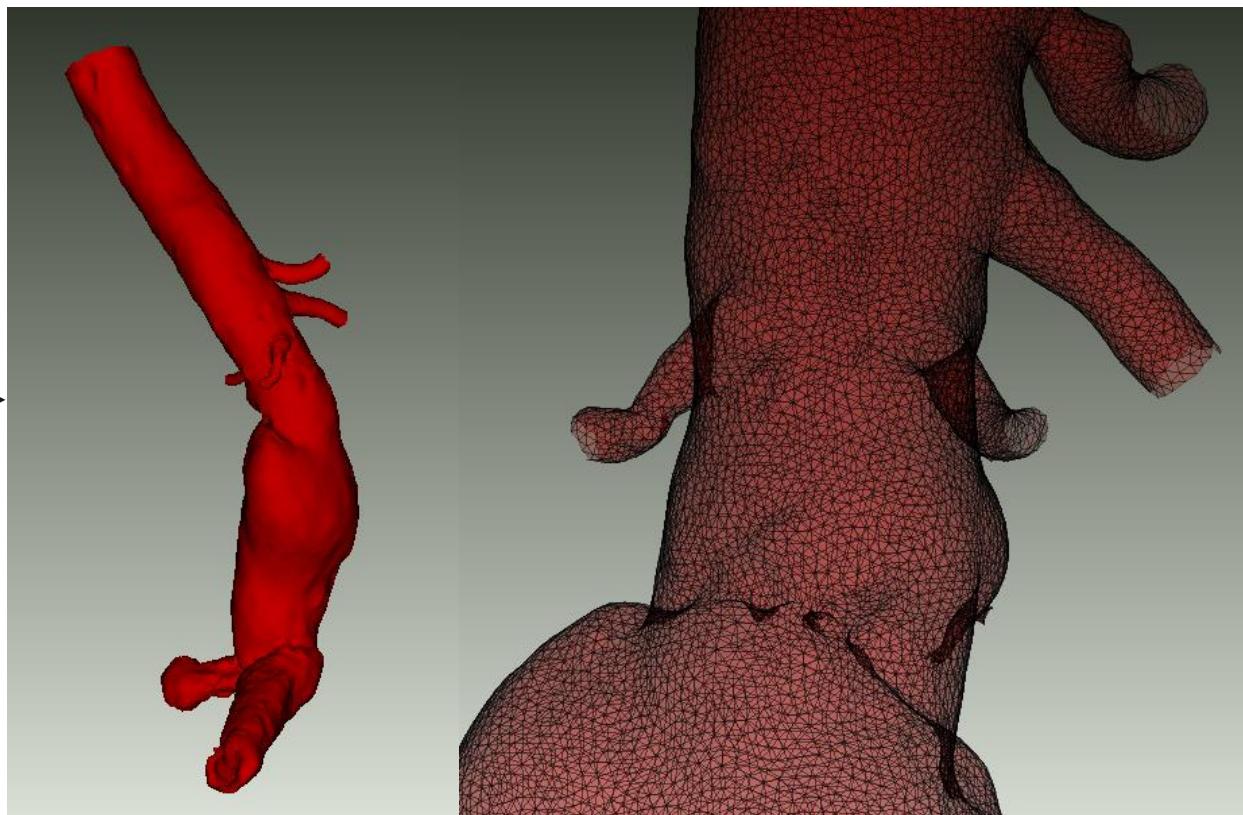
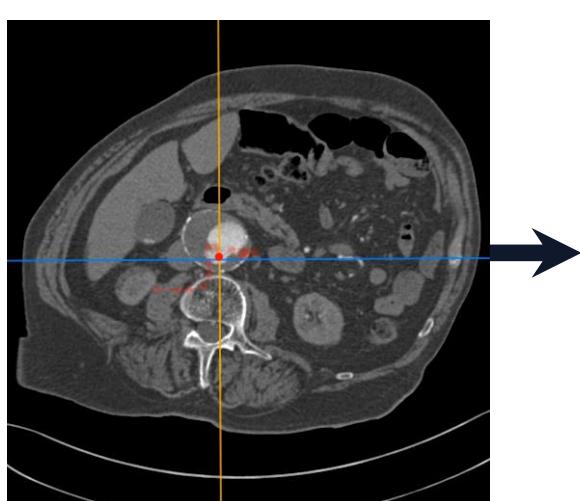
# Finite element simulations of stent grafts



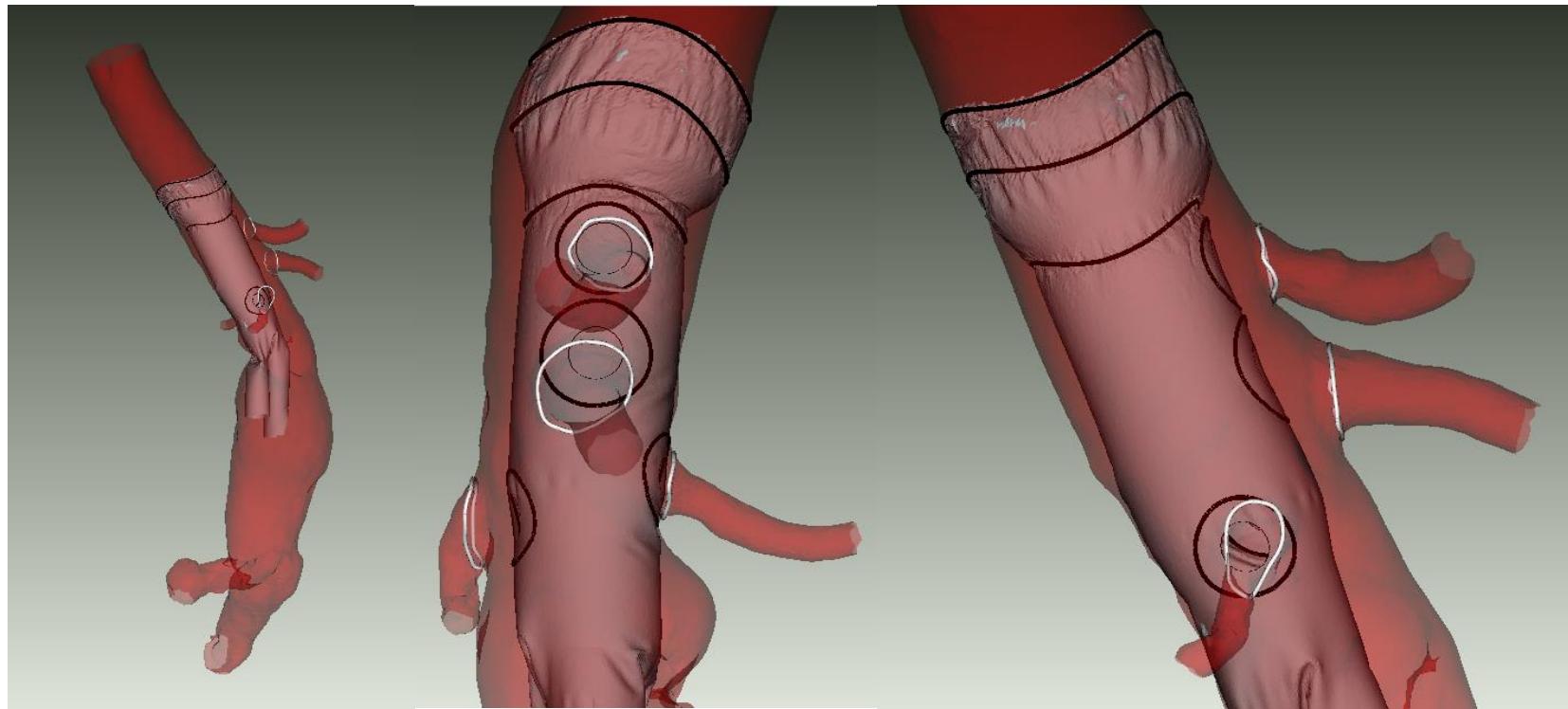
$$\begin{pmatrix} \varepsilon_{LL} \\ \varepsilon_{CC} \\ 2\varepsilon_{LC} \end{pmatrix} = \begin{pmatrix} 1/E_L & -\frac{v_{LC}}{E_L} & 0 \\ -\frac{v_{CL}}{E_C} & 1/E_C & 0 \\ 0 & 0 & 1/G_{LC} \end{pmatrix} \begin{pmatrix} \sigma_{LL} \\ \sigma_{CC} \\ \sigma_{LC} \end{pmatrix}$$

$$\frac{1}{E_\theta} = \frac{\cos^4 \theta}{E_L} + \frac{\sin^4 \theta}{E_C} + \frac{1}{4} \left( \frac{1}{G_{LC}} - \frac{2v_{LC}}{E_L} \right) \sin^2(2\theta).$$

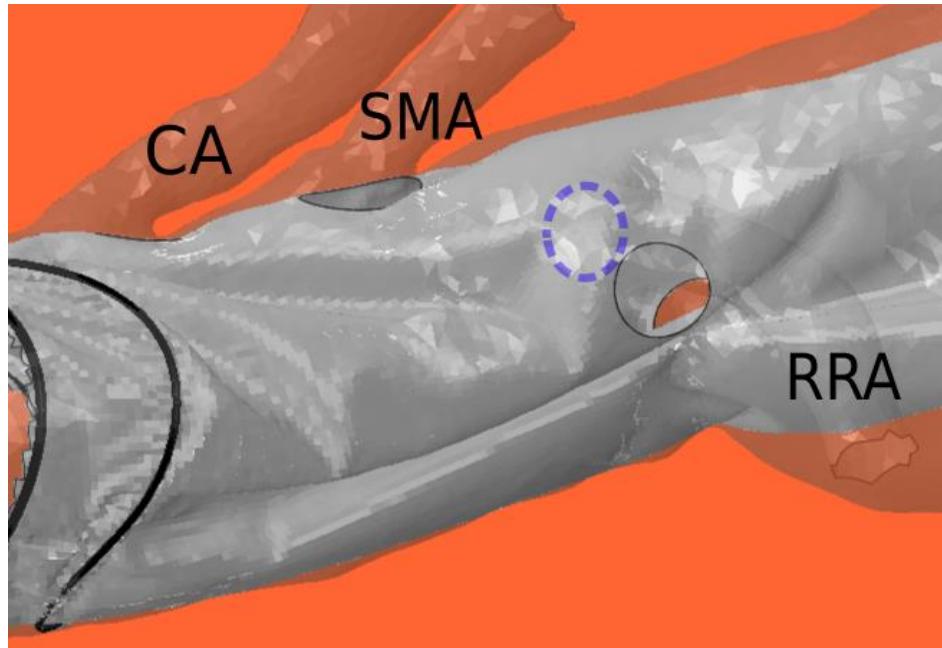
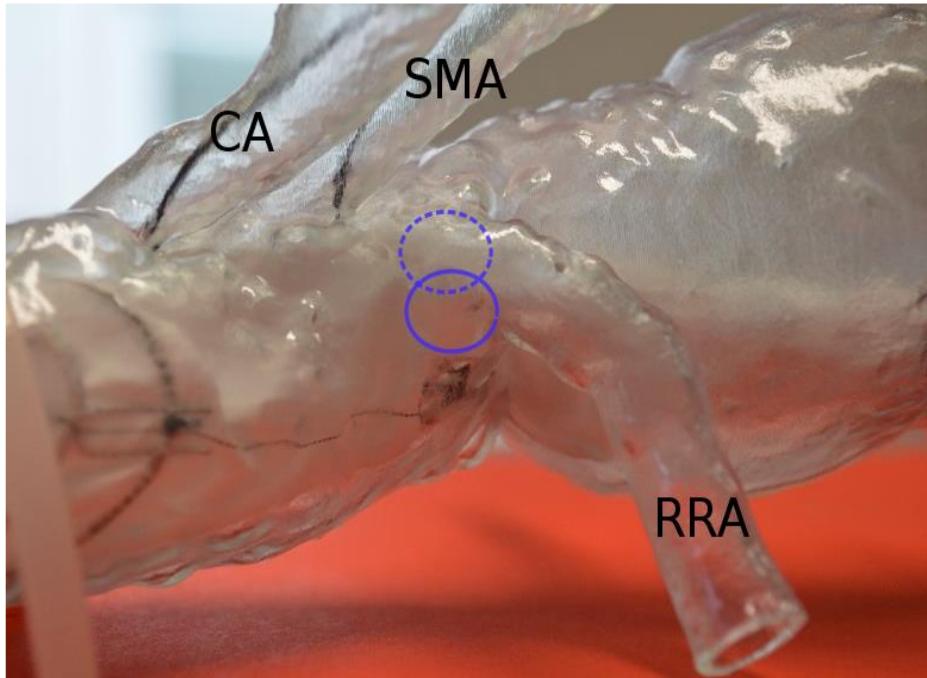
# Patient-specific model of the aorta



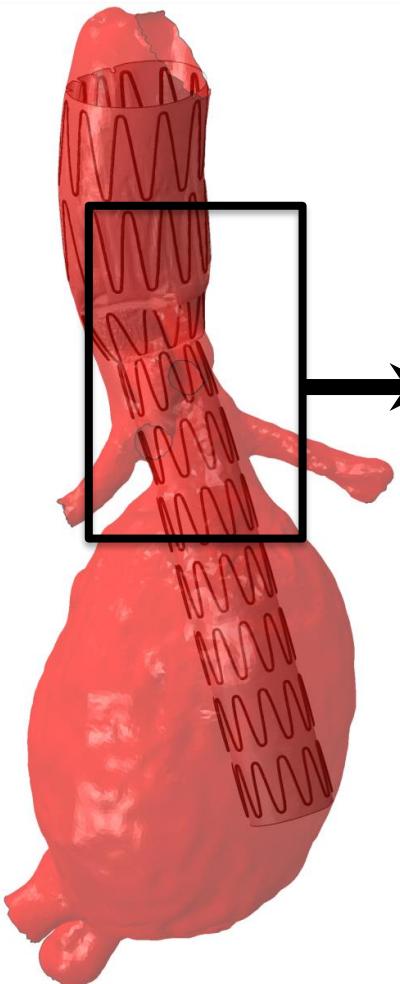
# Patient-specific prediction of the deployed stent-graft in the aorta – Example with Terumo Anaconda®



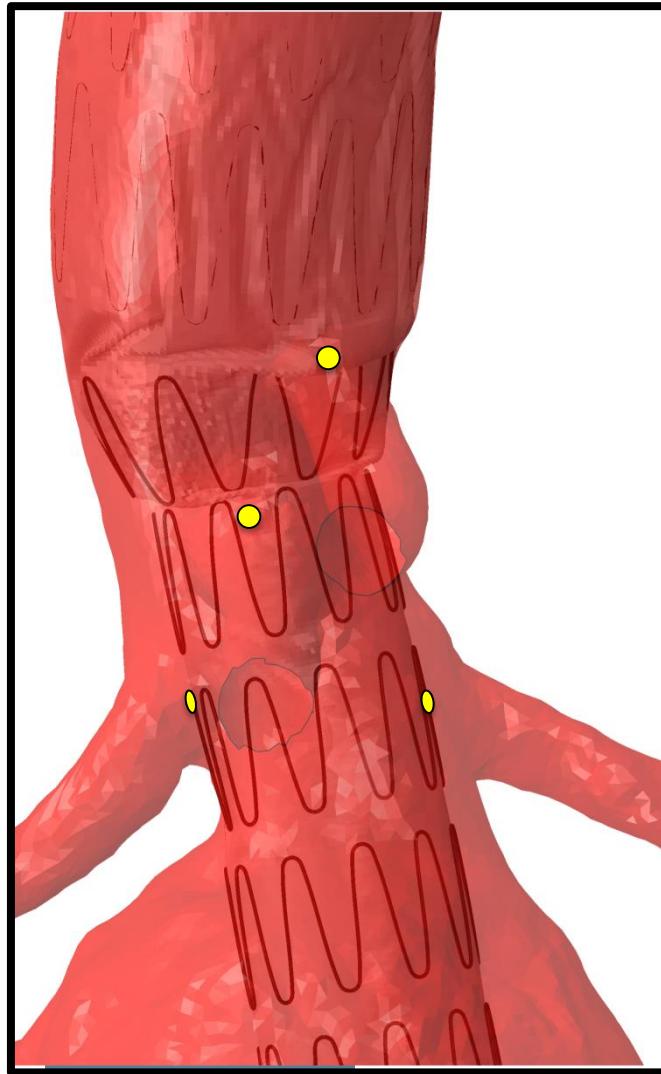
# Digital model of in vitro validations for Terumo Anaconda® fenestrated stent-grafts



# Fast and repeatable approach for FEVAR Zenith® Cook Medical

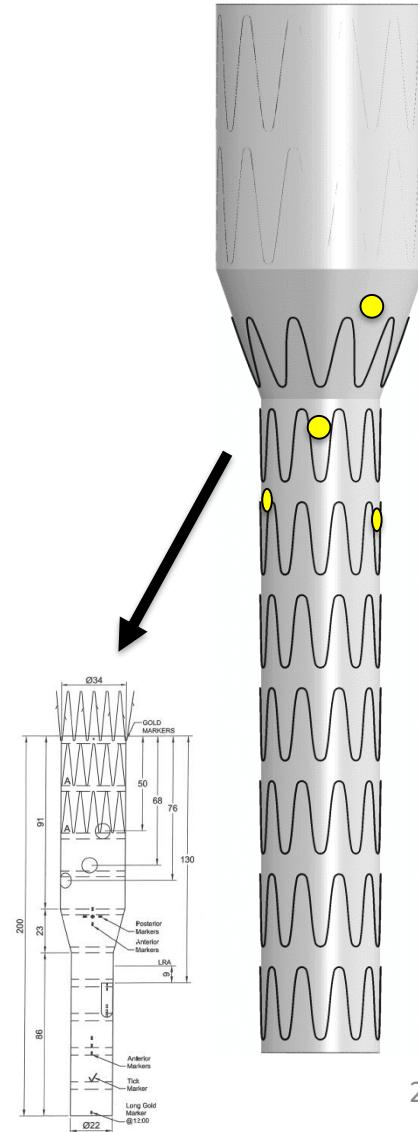


Position of ostias



F.I.R.E 19  
NOVEMBER  
21/22  
2019  
Future of Interventional Radiology Expert panel  
THURSDAY, NOVEMBER 21<sup>ST</sup>

Position of fenestrations



# Clinical validation for fenestrated Terumo Anaconda®

## 6 centers – 70 patients

### Prospective study (on going)

### PI: Bertrand Chavent (Saint-Etienne, France)

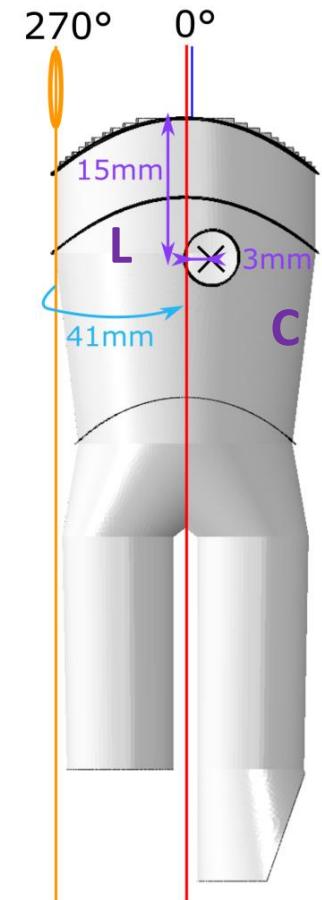
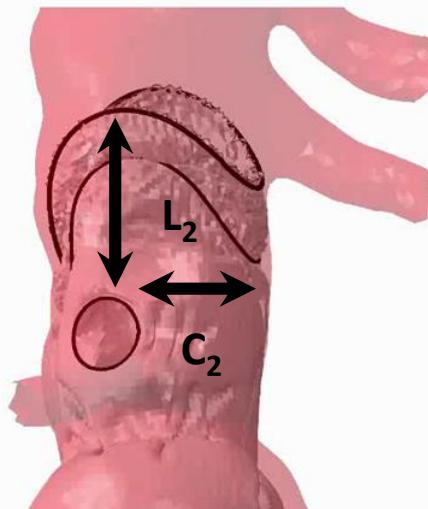
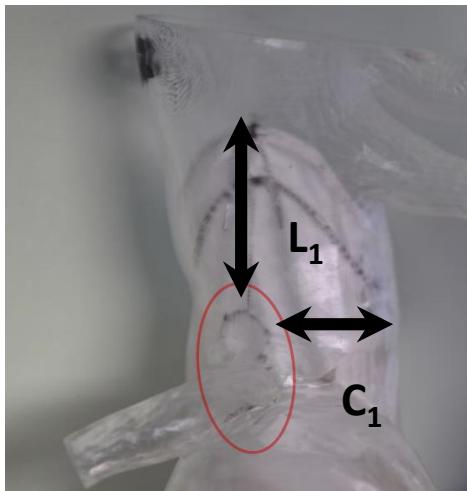


# Assessment criteria

$$\Delta L = |L_1 - L_2|$$

$$\Delta C = |C_1 - C_2|$$

$\Delta L$  et  $\Delta C \leq 2.5$  mm for more than 80%



# Results

Average difference:

- |                   |              |              |
|-------------------|--------------|--------------|
| - longitudinal    | <b>L1-L2</b> | <b>1.5mm</b> |
| - circumferential | <b>C1-C2</b> | <b>1.2mm</b> |

Position difference < 2.5mm

- |                   |            |
|-------------------|------------|
| - longitudinal    | <b>96%</b> |
| - circumferential | <b>97%</b> |

Process duration:

- |                        |                 |
|------------------------|-----------------|
| - in vitro test        | <b>17 days</b>  |
| - numerical simulation | <b>1.8 days</b> |

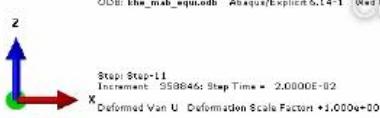
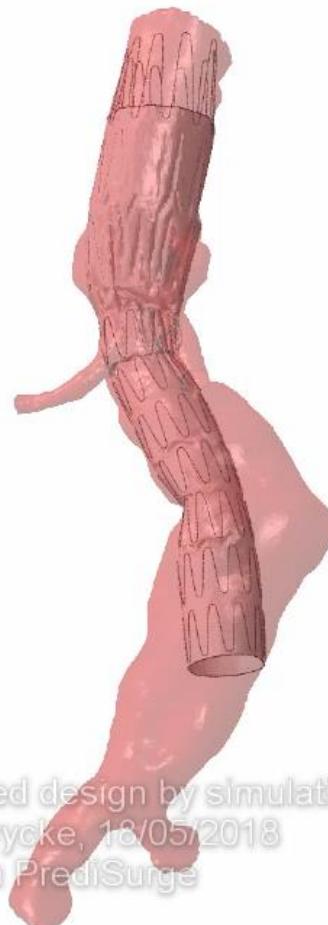


**p<0.001**

# Clinical validation for FEVAR Zenith® Cook Medical

## 51patients- 180 fenestrations – 18 scallops

Retrospective study 2016-2018  
PI: Stephan Haulon (Paris)

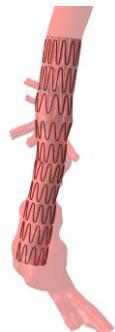
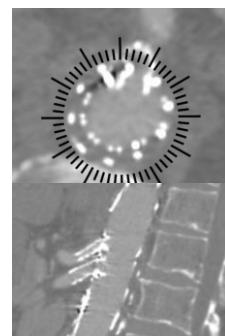
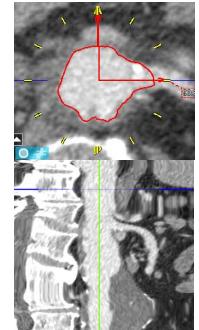


©DB: kba\_mab\_equiodb Abaqus/Explicit 6.14-1 Wed Mar 28 15:38:35 2018 102:00 2018  
Cook fenestrated design by simulation  
Lucie Derycke, 18/05/2018  
With PreDiSurge

# Results

## Measurements: longitudinal and circumferential

		Longitudinal position, mm				
		Pre-op sizing		Post-op sizing		
		Median ± SD [Min-Max]	N ≤ 3 mm %	Median ± SD [Min-Max]	N ≤ 3 mm %	
Simulation	Pre-op sizing	1.0 ± 1.1 [-5.9, 6.0]	95	0.96 ± 0.97 [-4.6, 5.0]	98	
	Post-op sizing	0.8 ± 0.8 [-4.0, 4.0]	97			
Circonferential position, °						
		Pre-op sizing		Post-op sizing		
		Median ± SD [Min-Max]	N ≤ 15 ° %	Median ± SD [Min-Max]	N ≤ 15 ° %	
Simulation	Pre-op sizing	6.9 ± 6.1 [-44.3, 25.1]	96	4.8 ± 3.6 [-21.8, 19.3]	99	
	Post-op sizing	5.1 ± 5.0 [-37.1, 18.4]	98			

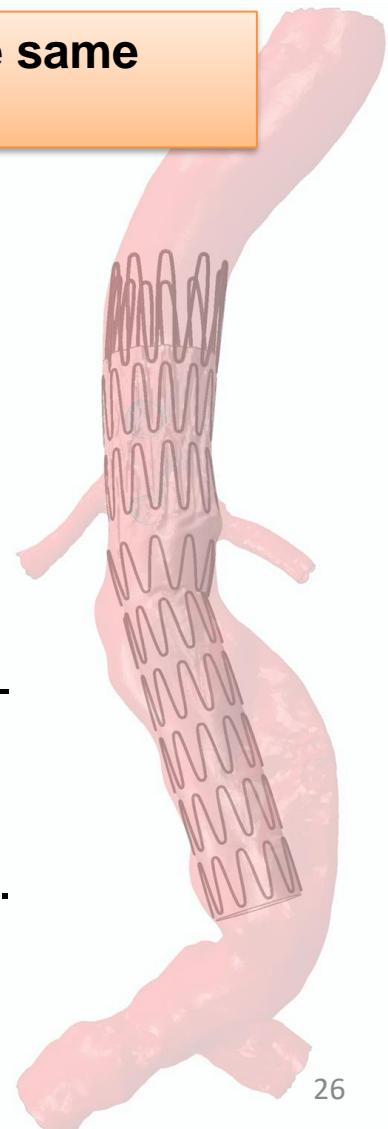


# Conclusions

**Numerical simulation can position fenestrations with the same precision as the standard approach**

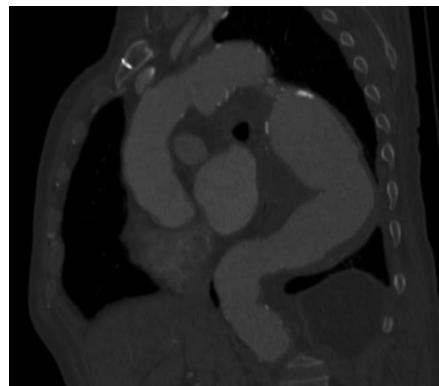
Potential advantages are:

- Reduce inter- and intra-operator variability.
- Give quantitative information about the deployment stent-graft in the aorta (mechanics).
- Decrease the incidence of post-operative complications.

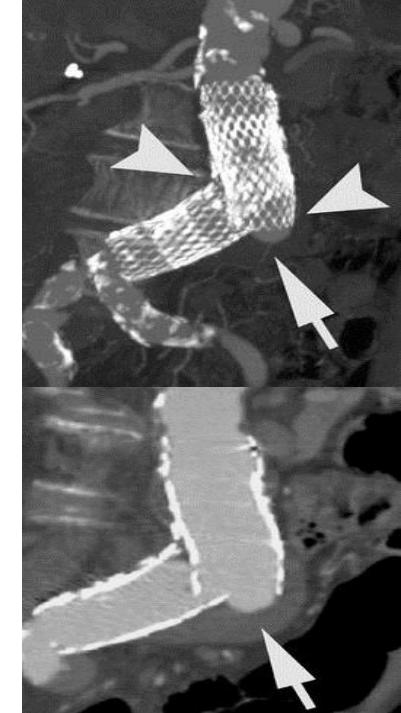
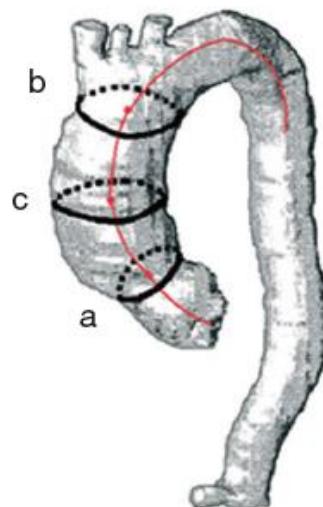
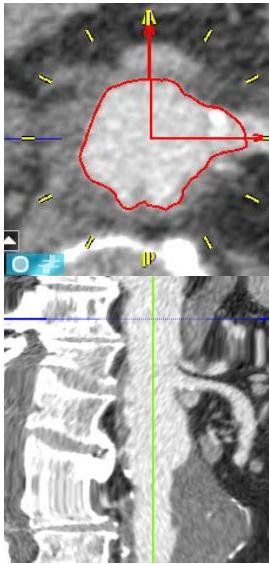


## Current developments

### Patient specific FE model of double branch Bolton® device deployment in aortic arch aneurysm



## Endovascular Aortic Arch Challenges



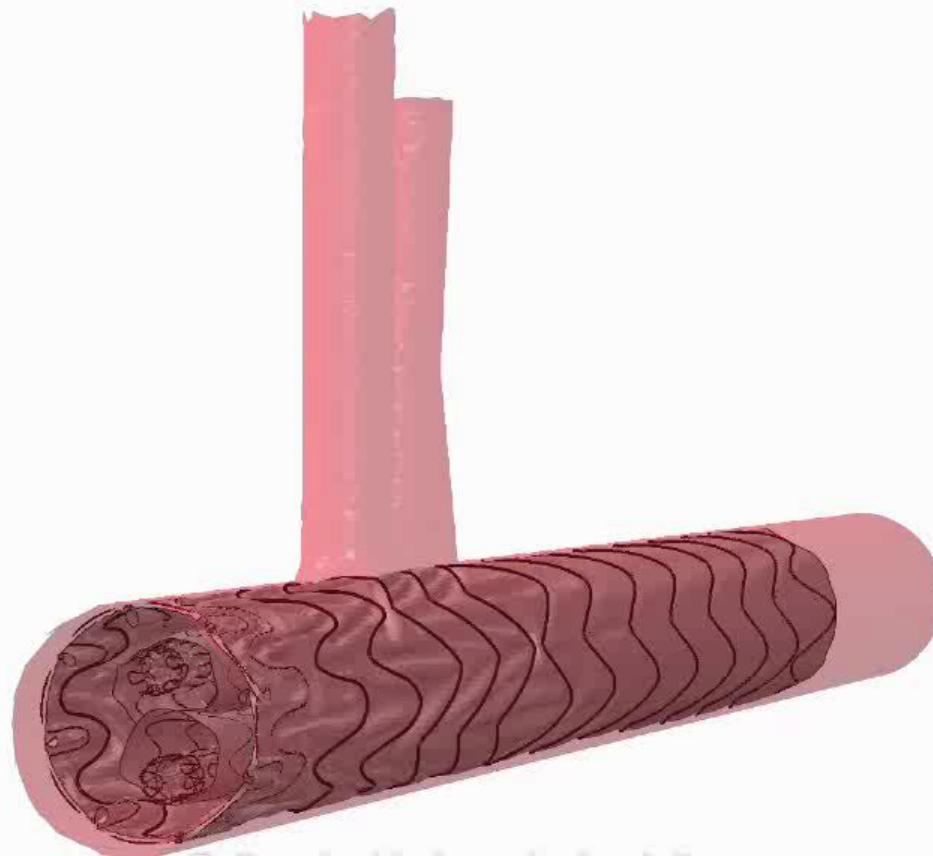
**Custom-made device**  
Measures on preop CT

**Device alignment**  
Secure device

**Device durability**  
New set of physiological loads

**Numerical simulation can assist at the planification stage  
and can be helpful to improve device properties**

# Current developments



Bolton double branch simulation  
03/09/2018  
Lucie Derycke, with PrediSurge

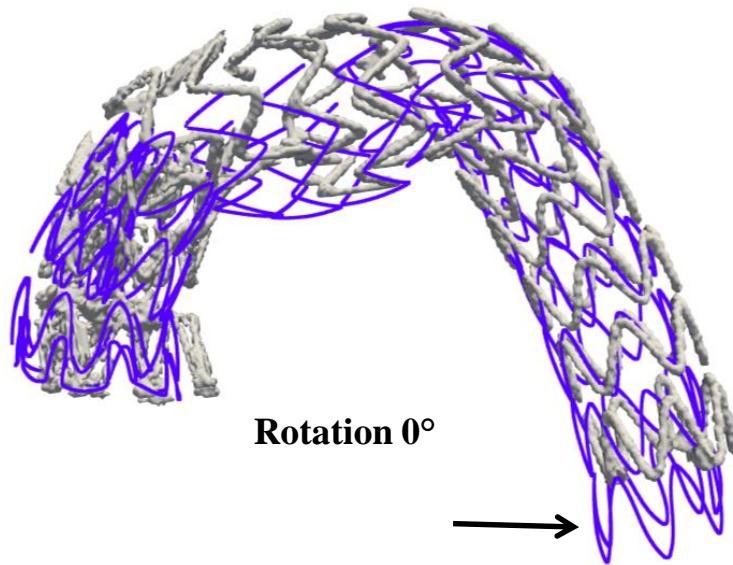
# Current developments



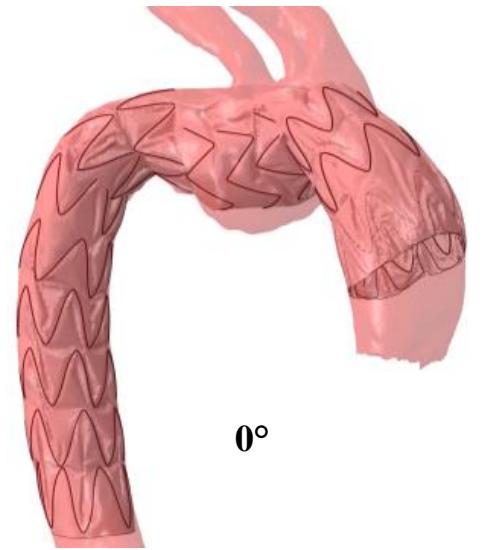
Bolton double branch simulation  
03/09/2018  
Lucie Derycke, with PrediSurge

## Current developments

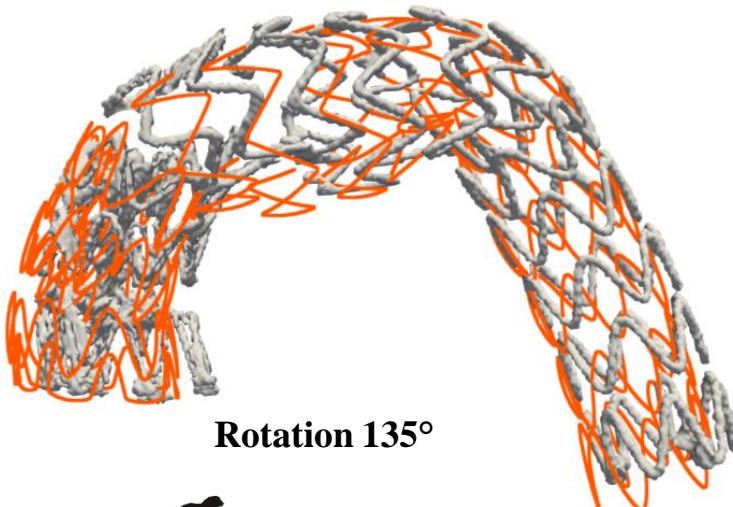
### TORSION EFFECTS



Rotation 0°



0°

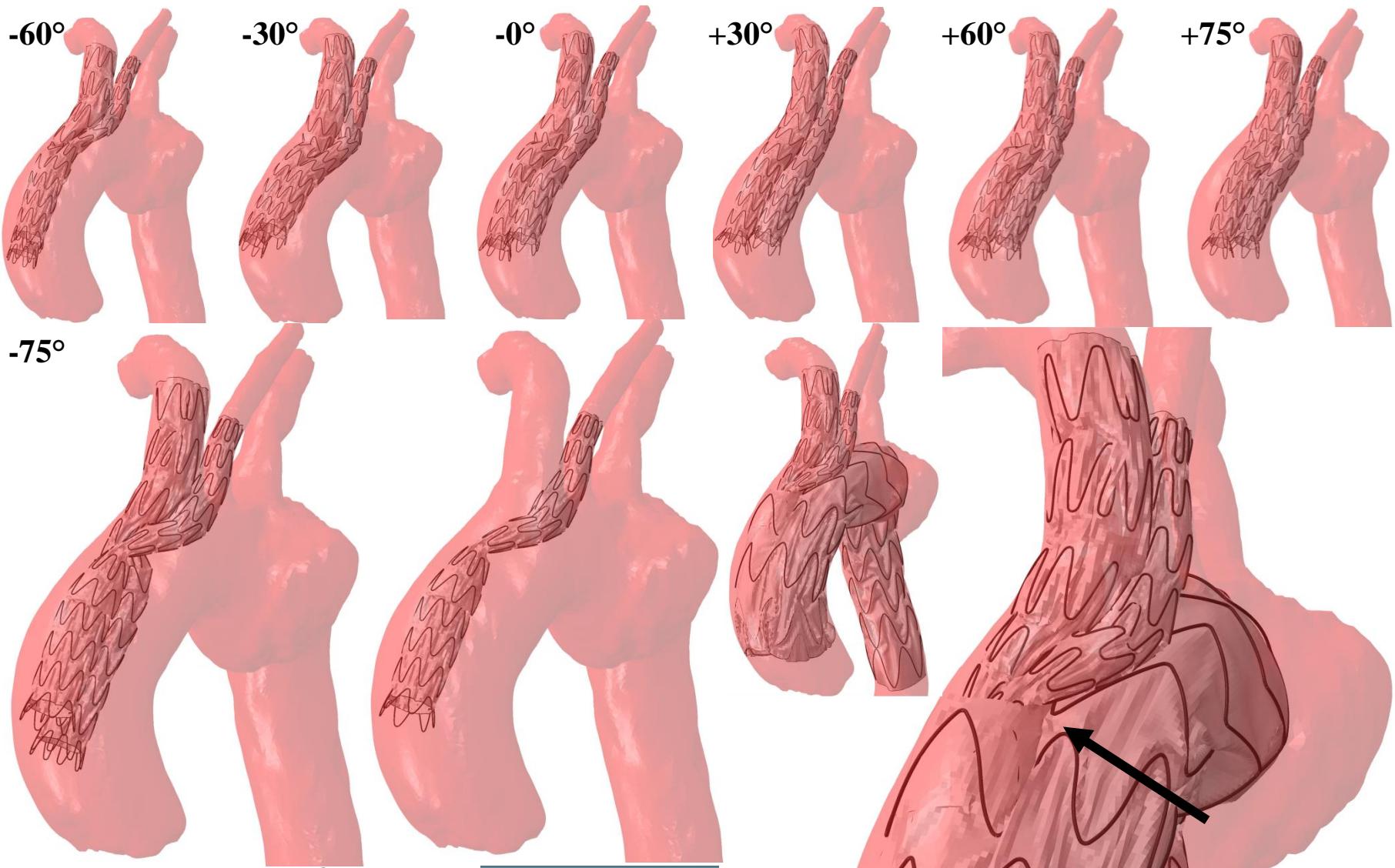


Rotation 135°



135°

## Current developments



# Software solutions assisted by numerical simulation

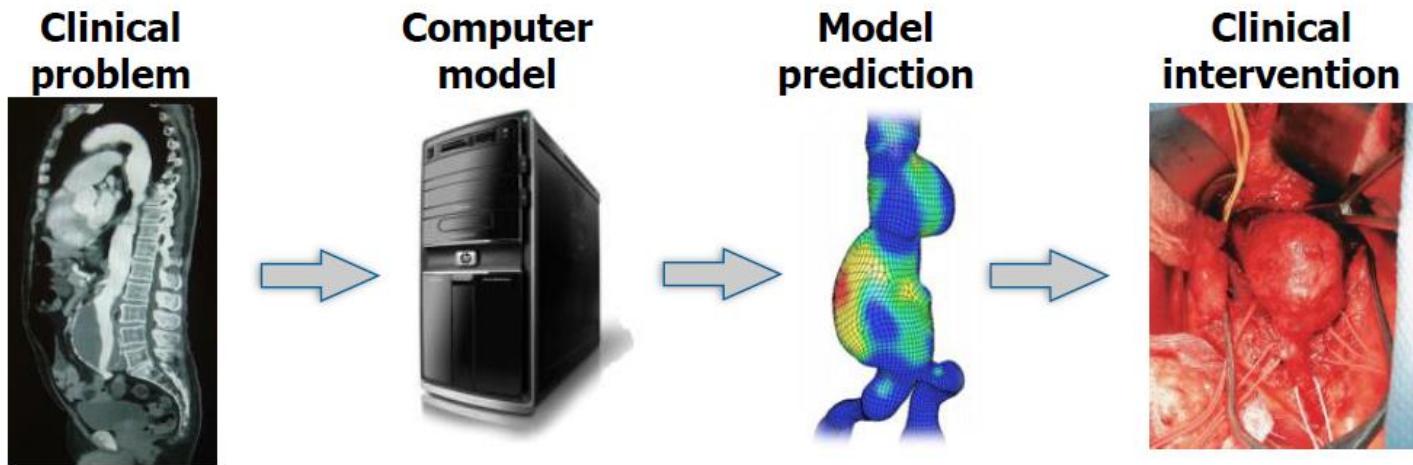
Optimize design, preoperative planning and implantation  
of medical devices

- Company founded in May 2017
- Focus on endovascular repair (EVAR) of aortic aneurysms
- Graphical user interface
- On-going CE and FDA approval

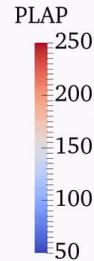
# The digital twin

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# The virtual patient



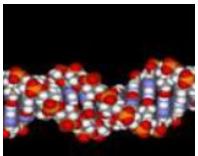
Our vision is that the mechanical properties, the strength, the wall stress of the aorta, and their evolutions during the growth of an aneurysm or after endovascular repair, can be predicted on a patient-specific basis by computational models.



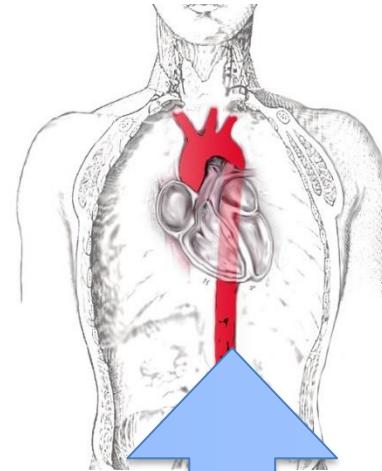
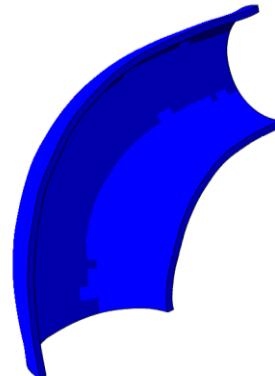
# Ambition (or dream!)

Monitoring mechanical regulation and epigenetics

**DIGITAL**



Predicting patient-specific pathophysiology and drug effects



**TWIN**



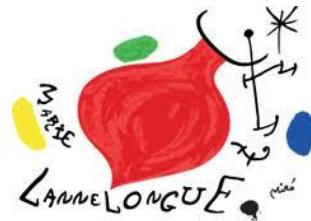
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PrediSurge

**CHU**  
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DE LYON

HÔPITAUX UNIVERSITAIRES  
**hm**  
HENRI MONDOR  
ALBERT CHENEVIER - JOFFRE-DUPUYTREN  
EMILE ROUX - GEORGES CLEMENCEAU



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# MERCI!

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Frisch, C Muller, D Midy, F Cochennec, J Senemaud, JP  
Favre, L Derycke, D Perrin, JN Albertini, S Haulon...



Prof Stéphane Avril  
avril@emse.fr

UNIVERSITÉ  
DE LYON

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2019  
Future of Interventional Radiology Expert panel  
THURSDAY, NOVEMBER 21<sup>ST</sup>